



 HOLY HEROES

33 Day Journey of Total Consecration to Jesus through Mary

DEVOTION

DAY 1

Today, let us begin our journey of consecration to Jesus through Mary.

St. Louis de Montfort begins his writings on Marian Consecration by saying, “It was through the most holy Virgin Mary that Jesus came into the world, and it is also through her that He has to reign in the world.” Mary’s “Yes” at the Annunciation was her first “Yes” to all of God’s plan for His Son’s life here on earth. The Holy Spirit acted upon her to begin this plan through her.

Ponder when you pray

When the Archangel Gabriel appeared to Mary asking her to become the mother of Jesus, Mary asked how this would be done. Gabriel explained, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you” (Luke 1:35).

When Mary replied, “Let it be to me according to your word,” she agreed to the Holy Spirit working within her to form Jesus in her womb as a tiny baby (Luke 1:38).

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PRAYER

Veni Creator Spiritus (Part 1)

Come, Holy Spirit, Creator blest,
And in our souls take up Thy rest;
Come with Thy grace and heavenly aid
To fill the hearts which Thou hast made.

O Comforter, to Thee we cry,
O Heavenly Gift of God Most High,
O Fount of Life and Fire of Love,
And sweet anointing from above.



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