



 HOLY HEROES

## 33 Day Journey of Total Consecration to Jesus through Mary

### DEVOTION

#### DAY 11

During her first appearance at Lourdes, Our Lady did not say anything to Bernadette. When she appeared, she stood silently, looking down and smiling. Bernadette suddenly felt an urge to pray the rosary, and she noticed that the beautiful Lady would pray each “*Glory Be*” along with her.

*Ponder when you pray*

Perhaps it does not appear there is much to learn from this visit since Mary remained silent, but her silence is deeply meaningful. Mary could have spoken to Bernadette, but instead, she inspired her to pray then stayed with her while she did so. Mary’s entire mission is to bring us to her Son and this means there are times when she remains silent and simply joins us in our prayers. But even in her silence, she remained with Bernadette until the prayers were finished. Think today of ways Mary is silent in your life as a way of pointing you towards Heaven and her Son.

### PRAYER

#### Ave Maris Stella (Part 1)

Hail, O Star of the ocean,  
God’s own Mother blest,  
Ever sinless Virgin,  
Gate of heav’nly rest.

Taking that sweet Ave,  
Which from Gabriel came,  
Peace confirm within us,  
Changing Eve’s name.

Break the sinners’ fetters,  
Make our blindness day,  
Chase all evils from us,  
For all blessings pray.



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