



HOLY HEROES

## 33 Day Journey of Total Consecration to Jesus through Mary

### DEVOTION

#### DAY 15

*“Penance, penance, penance!”* (Mary to Bernadette)

You know when your mom tells you to do something in a voice that means it? You probably do it right away. What about when your mom tells you to do something in a voice that means it...and then repeats the request three times? Then you most assuredly would do it right away. Our Lady told Bernadette not once, but three times a simple request in a single word-- “Penance.”

Penance is making amends for your sins or the sins of others. This can include saying extra prayers, giving something up, or doing some act of service.

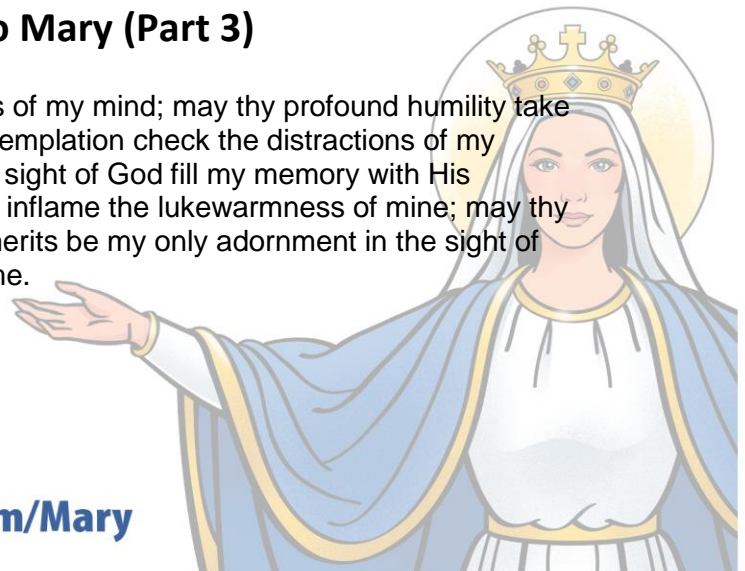
*Ponder when you pray*

Bernadette would spend the rest of her life performing acts of penance in order to fulfill this request of Our Lady. She was often very sick, but she did not complain, instead she offered her pain and illness as penance. She accepted without complaint people being mean and selfish as penance. How can you fulfill Mary’s call for penance?

### PRAYER

#### St. Louis de Montfort’s Prayer to Mary (Part 3)

May the light of thy faith dispel the darkness of my mind; may thy profound humility take the place of my pride; may thy sublime contemplation check the distractions of my wandering imagination; may thy continuous sight of God fill my memory with His presence; may the burning love of thy heart inflame the lukewarmness of mine; may thy virtues take the place of my sins; may thy merits be my only adornment in the sight of God and make up for all that is wanting in me.



Sign up for **FREE** at [www.HolyHeroes.com/Mary](http://www.HolyHeroes.com/Mary)